

2025 IMPACT REPORT

Every donation saves lives. Every partnership creates lasting change.

2025 At a Glance

1,000+

Households
Reached (Patiko
Outreach alone)

50+

Healthcare
Students Equipped

3

Programme Phases
Jan – Dec 2025

4+

Strategic
Partnerships
Formed

SRHR

Research on
Barriers for
Women & Girls

GBV

Prevention
Campaigns Joined

1,000+

Reusable Pads
Targeted for 2026

500+

Teen Mothers to
Rehabilitate
(2026)

Foreword

2025 has been a defining year for Acholi Women in Health Foundation. From launching innovative research into Sexual and Reproductive Health and Rights (SRHR) barriers, to reaching over 1,000 households in Patiko with free medical services, to equipping the next generation of healthcare professionals across Uganda — we have worked tirelessly to close the gaps that leave women and girls behind.

This report documents that journey, honestly and fully. It celebrates what we achieved, names the urgent gaps that remain, and sets out what we need to scale our impact in 2026 and beyond. Northern Uganda's women and girls cannot wait. We are grateful to every partner, donor, volunteer, and community member who made this year's work possible.

PHASE 1: BUILDING FOUNDATIONS

January – June 2025

The first half of 2025 was focused on laying the evidence base and positioning AWIHF as a leading voice on women's health rights in Northern Uganda. Three major initiatives defined this phase:

Activity	Description & Impact
Innovative Research on SRHR Barriers	Launched a community-based research initiative to identify and document the barriers affecting women and girls' access to Sexual and Reproductive Health and Rights (SRHR) services across the Acholi sub-region. Findings are informing local health policy advocacy.
Cervical Cancer Awareness Campaign	Participated in a regional Cervical Cancer Awareness Campaign, reaching women and girls with life-saving information on prevention, early screening, and access to care. Northern Uganda records cervical cancer rates higher than the national average.
Evidence-Based Health Policy Advocacy	Developed evidence-based strategies informed by community research to advocate for improvements in local health policy — ensuring women's voices shape the services designed to serve them.

PHASE 2: OUR BIGGEST IMPACT

July – September 2025

The July–September period marked AWIHF's highest-impact quarter in 2025, defined by the landmark Patiko Medical Outreach, community-level behavior change programming, and the launch of a nationwide mentorship program.

Spotlight: Patiko Medical Outreach | July 10–13, 2025

The Patiko Medical Outreach was AWIHF's largest single program event of 2025, reaching over 1,000 households across four days. The outreach delivered:

- Free medical consultations for community members
- Vision screenings
- SRHR education on safe motherhood
- Post-abortion care information and referrals

This single outreach event demonstrated the enormous unmet need for basic health services in rural Acholi communities and confirmed AWIHF's capacity to deliver multi-service, high-volume community health programming.

Activity	Description & Impact
Community Sessions — Bur Lyece Village & Abwoch HC IV	Delivered stigma-reduction sessions on menstrual hygiene and abortion healthcare. Participants reported significantly increased confidence and reduced shame in accessing SRHR services — a critical outcome in communities where stigma remains a primary barrier to care.
Mentorship Programme Launch — Healthcare Professionals & CHWs	Launched a national mentorship program targeting healthcare professional students and Community Health Workers across Uganda, connecting emerging health workers with experienced mentors to strengthen the pipeline of women-led health leadership.

PHASE 3: GLOBAL ADVOCACY

October – December 2025

The final quarter extended AWIHF's reach beyond the clinic and into advocacy spaces — joining national campaigns, deepening partnerships, and equipping the next generation of healthcare leaders.

Activity	Description & Impact
AIDS Awareness & GBV Prevention Campaigns	Joined national AIDS awareness and Gender-Based Violence (GBV) prevention campaigns, contributing AWIHF's community health expertise and Northern Uganda perspective to national advocacy efforts.
Partnership — Acholi Students Union & Her Worth Foundation	Formalised partnerships with the Acholi Students Union and Her Worth Foundation, expanding AWIHF's reach among young women in tertiary education and deepening community-level support networks.
Reusable Sanitary Pads Distribution	Distributed reusable sanitary pads to vulnerable girls — directly addressing a key barrier to school attendance and dignity in menstrual health management.
Healthcare Student Professional Development	Equipped 50 healthcare student professionals with clinical, academic, and career guides — building the confidence and capability of the next generation of women health leaders in Northern Uganda.

Urgent Gaps That Remain

Despite our achievements, the reality remains deeply concerning:

- Thousands of women still lack access to safe motherhood services.
- Girls miss school due to a lack of menstrual products.
- Post-abortion care remains highly stigmatized.
- Remote communities like Koro Sub-county continue to await AWIHF services.

- Maternal mortality rates remain unacceptably high in the Acholi sub-region.
- Cervical cancer and teenage pregnancy rates remain higher than the national average.

What We Need to Scale Up in 2026

To expand our reach and deepen our impact in 2026, AWIHF urgently needs funding for the following priority interventions:

Priority Intervention	Target / Description
Expand community outreaches	Reach 5,000+ additional households with free health services.
Train peer educators in SRHR	Train 200+ peer educators to sustain community-level SRHR education.
Establish maternal health referral hubs	Create accessible referral pathways for maternal emergencies.
Provide reusable sanitary pads	Supply reusable pads to 1,000+ vulnerable girls to support school attendance.
Procure essential medical equipment	Equip outreach teams and partner health facilities with critical tools.
Cervical Cancer screening & prevention	Establish and support rural facilities with screening materials; scale preventive strategies.
Teen mother rehabilitation	Provide comprehensive support to 500+ teenage mothers in the sub-region.
Train Community Health Workers	Train 1,000 CHWs on maternal health emergencies and referral pathways.



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